

## Richmond House School Holiday Club – Typical Day

TIMES	ACTIVITY -Nursery and Reception	ACTIVITY - KS1/KS2
08.00- 09.00am	Registration – free play eg lego, drawing etc	Registration – free play eg lego, drawing etc
09.00am –10.00am	Sports skills – introduction to sport *	Sports skills *
10.00am –11:00am	Outdoor activity e.g. Treasure Hunt/mini beast hunt	Outdoor activity e.g. Treasure Hunt/mini beast hunt
11:00am –11.45am	Snack with Arts and Crafts activity	Snack break with optional Arts and Crafts activity
11.45am –12.30pm	Creative Dance	Sports skills (option to do Creative Dance) *
12.30pm –13.15pm	Lunch	Lunch
13.15pm –14.00pm	Free outdoor play on bowling green e.g. obstacle course/space hoppers	Free outdoor play on bowling green e.g. obstacle course/space hoppers
14.00pm –14.45pm	Biscuit/Cake decorating	Sports skills * (option to do Biscuit/cake decorating)
14.45pm –16.00pm	Fun Games such as Wizards Castle/Chicken Run	Fun Games such as Wizards Castle/Chicken Run/Dodgeball
16.00pm –18.00pm	Finish crafts, free play, quiet time including TV/Video	Finish crafts, free play, quiet time including TV/Video

## Please note:

- 1) The above is just the format and timings of a typical day our staff and coaches from PE Partners are very flexible and adapt the itinerary to the needs of the children (and the weather!) that are booked in on that day.
- 2) Where possible groups are split between our younger children (Nursery and Reception) and our older children (KS1 and 2).
- 3) Where there is a Sports session, the younger children will be introduced to a particular sport in an age appropriate way e.g. throwing and catching. For the older children the emphasis will be on developing a particular skill during the week. For example, for football the 1st day would be dribbling and close control, 2<sup>nd</sup> day improving passing, 3<sup>rd</sup> day receiving the ball, 4<sup>th</sup> day improving shooting.
  - \*If you are booking your child into the club it would be helpful for our planning if you could indicate on the registration form if your child has a favourite sport we can then aim to ensure that the most popular sport for the children booked in that day is covered.